

Category: Non-Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Non-Breastfeeding (Singleton or Multiples) Milk No Cheese No Yogurt (Default Food Package)	Low Fat/Skim Milk- All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Milk No Cheese with Yogurt	Low Fat/Skim Milk- All Authorized: 3.75 gallons	None	Low Fat/Non- Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Milk with Cheese No Yogurt	Low Fat/Skim Milk- All Authorized: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Milk with Cheese and Yogurt	Low Fat/Skim Milk- All Authorized: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non- Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced No Cheese No Yogurt	Lowfat Lactose Red- Free 1/2 gal-All Auth: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced No Cheese with Yogurt	Lowfat Lactose Red- Free 1/2 gal-All Auth: 3.75 gallons	None	Low Fat/Non- Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced with Cheese No Yogurt	Lowfat Lactose Red- Free 1/2 gal-All Auth: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced with Cheese and Yogurt	Lowfat Lactose Red- Free 1/2 gal-All Auth: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non- Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00

Non-Breastfeeding (Singleton or Multiples) Soy Milk No Cheese No Yogurt	Soy Milk - All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Soy Milk No Cheese with Yogurt	Soy Milk - All Authorized: 3.75 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Soy Milk with Cheese No Yogurt	Soy Milk - All Authorized: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Soy Milk with Cheese and Yogurt	Soy Milk - All Authorized: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00